



North

Yorkshire County Council

Overview of The Report of the Director of Public Health for North Yorkshire September 2014

ITEM 8

Recognising the impact of communities on health



The conditions in which people grow, live, work and age have a powerful impact on our health.

Strong communities with high levels of resilience thrive and people with good social networks live longer and have healthier lives.

This report focuses on health assets

Assets help to address the challenges we face in promoting and protecting the health of our people.

A health asset is any factor or resource which enhances the ability of individuals, communities and populations to maintain and sustain health and well-being. These assets can operate at the level of the individual, family or community as protective and promoting factors to buffer against life's stresses. A glass half-full, I&DEA 2010

Two of North Yorkshires best assets are;

- **Our Communities**
- **Voluntary, Community and Social Enterprise sector (VCSE)**



Identifying and making the best use of our assets ...

The report outlines the asset mapping approach that communities can take to identify and make individual, organisational, physical and economic assets.



Working with the assets in North Yorkshire; VCSE

The strong and engaged VCSE is a particular asset for the county and is a key partner in helping to address the challenges we face in promoting and protecting the health of our people.

How healthy is North Yorkshire?

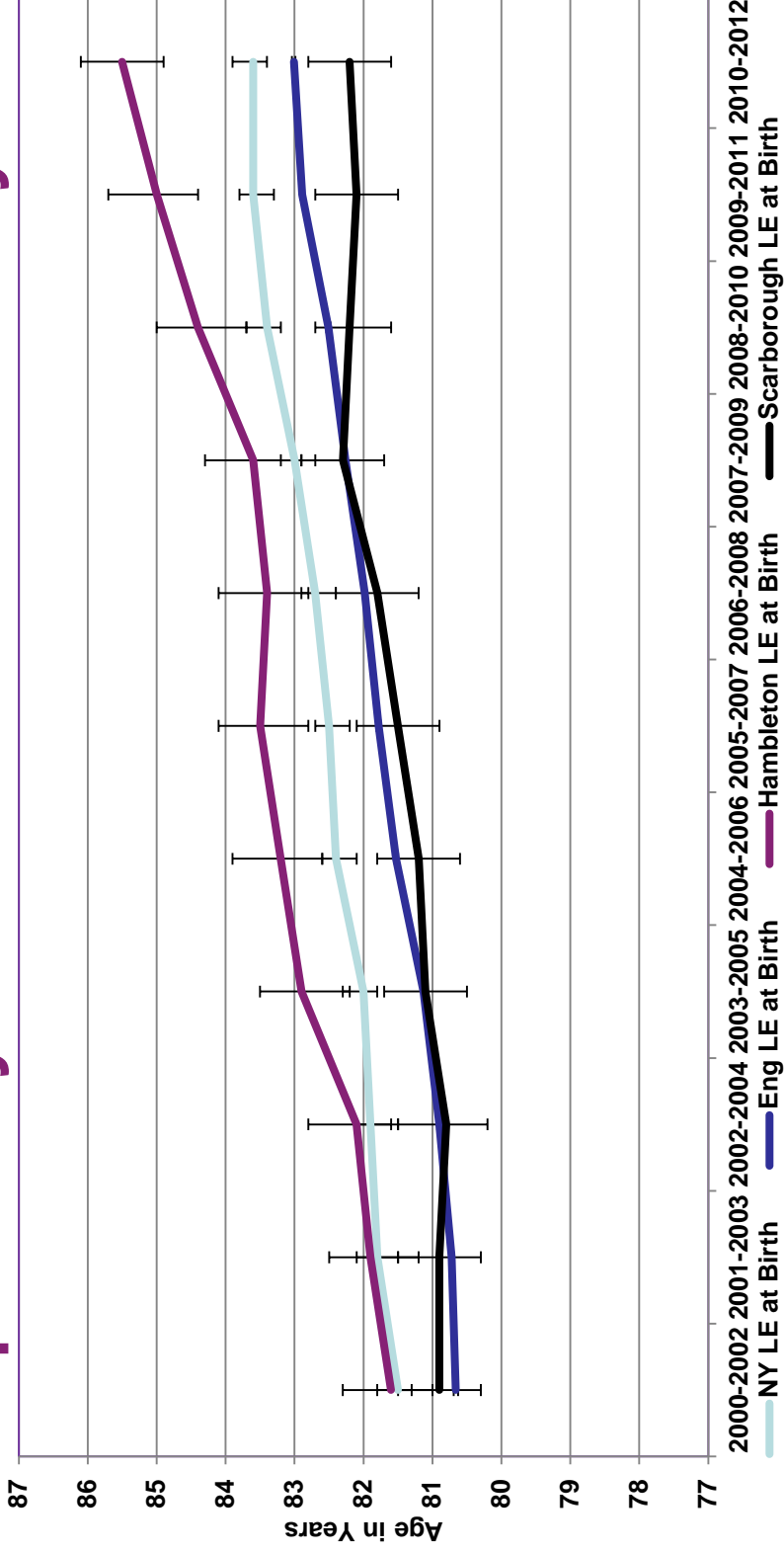
Low levels of deprivation but challenges related to rurality, affordable housing and fuel poverty are present in all districts and for some population groups/



Excess weight in adults is a concern.

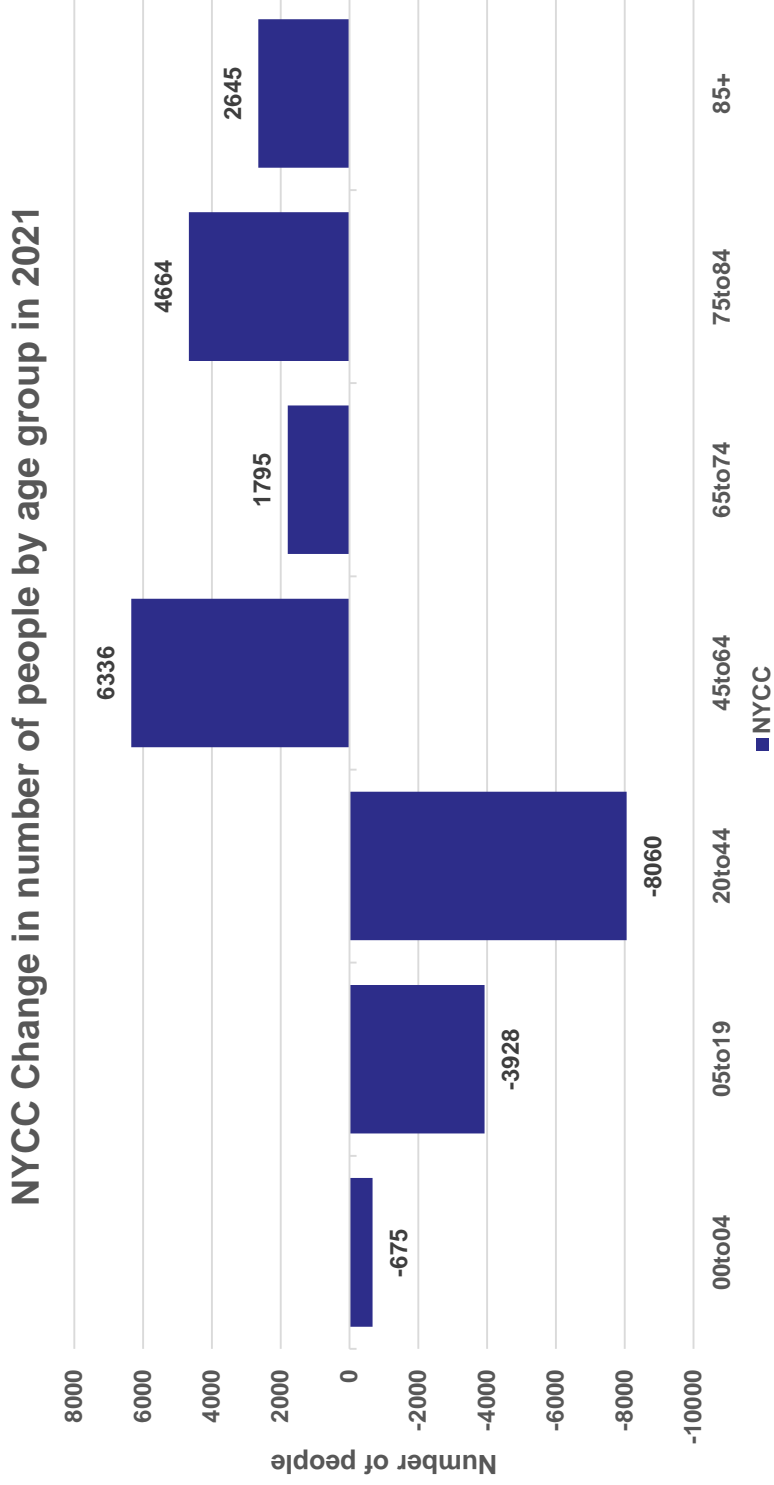


Life expectancy varies across the county



Female Life expectancy (in years) at birth trend data for North Yorkshire and England

North Yorkshire has an aging population



Childhood immunisations

The uptake of MMR vaccination at age five years remains a focus given previous low uptake of the vaccination. Uptake of the vaccine in North Yorkshire is currently similar to the England average but lower compared to ONS cluster group.



Mental Health

National estimates suggest that every year, one in four of us will experience a mental health problem. Public Health England estimate approximately 78,000 residents in North Yorkshire have depression. Approximately 36, 000 people in North Yorkshire accessed secondary mental health services in 2013

Recommendations



1. NYCC, District Councils and CCGs should work closely to implement NICE guidance. Providing an integrated approach to preventing and managing obesity and its associated conditions, ensuring that gaps in current services are addressed.

Recommendations continued

2. NHS England should continue to work closely with the provider of the Child Health Information System (CHIS) covering the child population of North Yorkshire to ensure there is an improvement plan to achieve delivery of the national service specification.



Recommendations *continued*

3. Statutory and VCSE partners should continue to work together to develop a North Yorkshire Mental Health Strategy. Ensuring there is a co-ordinated approach to improving the mental health and wellbeing of the population. Improving outcomes for people with mental health problems and combating the stigma and discrimination associated with mental illness.

Recommendations *continued*

4. NYCC and NHS partners should make the most of the opportunities presented by the Better Care Fund. With a shift towards integrating services to respond to community needs, maximising the use of community assets working closely with the VCSE where possible.

Recommendations

continued

5. Statutory bodies should work closely with the VCSE sector to plan the development, delivery and support for health and care services which draw on volunteers.



Recommendations *continued*

6. Organisations working with local communities should promote an asset based approach to understanding and responding to the issues that are important to those communities.
7. Any assessment of need such as Joint Strategic Needs Assessments should also identify the assets available in the community.

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